

Monsters - The Boogey Man - Fight Fear Find Faith

When you were a kid what was your worst fear? How did you handle it?

Read:

In the message Kelly said "When we are dealing with any overwhelming fear in life we need to be reminded of who God is."

How does that help us? How could it hurt? What role does faith play in either the helping or the hurting?

Discuss and explain these verses. How have you found this to be true in your life? Do these verses expand your faith?

Psalm 111:10, Proverbs 19:23, Proverbs 14:26, Psalm 34:7, Psalm 118:6

Imagine you are living as a First Century Christian. Think about what that would have been like for you personally. In many areas Christians were persecuted to their deaths, they were forced out of the public square, excommunicated from their families, and faced danger around every corner. Knowing these things, imagine yourself sitting in a worship service and hearing these words written to your church from the Apostle Paul:

2 Corinthians 4:7-12

What is your immediate reaction? How does this relate to your everyday life today?

"Only he who can say, "The Lord is the strength of my life" can say, "Of whom shall I be afraid?"
- Alexander MacLaren

Why is understanding and trusting the nature and character of God essential to overcoming fear?

What do you think of the statement that: "God is always fighting for us, even when it seems like He is fighting against us."

What does this statement have to do with our faith?

When facing your fear there are a few key steps to take:

1. Name it.

I am afraid of _____ because _____.

If I wasn't afraid of _____ I would _____.

If this fear didn't hold me back, I would feel _____.

2. Shine a light on it.

Read: John 1:5

Shining a light reveals your fear and helps you take aim on overcoming it. Why do we avoid shining a light on our fears? Is that productive?

The best way to shine a light on your fear is through confession.

Read: James 5:16, 1 John 1:9

Who do we need to confess our sins to?

When does that confession need to be to God alone and when does it need to be to another Believer?

Read: 1 John 4:16-19

Are there any areas in your life where you need God's love to drive out your fear? Do you have someone to share that with?

How can the group pray for you?